



Moscow Ballet NEW HORIZONS

A CHILDREN'S PROGRAM FOR LIFE



New Horizons on Tour – Sample Day of Immersion

9:30 - 10:00am • Children arrive at the theatre

Children and chaperones arrive at the theatre, with lunches, and go to their assigned seats.

10:00 - 10:45am • Movement exercises with Moscow Ballet dancers

10 minutes - Moscow Ballet dancer introduces Moscow Ballet the dance company, sets the protocol for theatre etiquette and briefly introduces Russian language and culture. (as appropriate for the age level of the group)

10 minutes - Curtain opens to reveal Moscow Ballet dancers in company class on stage. Moscow Ballet dancer talks about the exercises the company is doing, their need to warm up daily and nutrition guidelines for a healthy, active life style.

25 minutes - Children are led in physical exercises by Moscow Ballet dancer giving directions and demonstrating and introduces Act I of the Great Russian Nutcracker.

(15 min break)

11:00 - 11:50am • Act I Great Russian Nutcracker

12:00 - 1:00pm Lunch (not in the theater)

1:00 - 1:30pm Interactive Puppet Play and Story-telling

Moscow Ballet narrator introduces the dancers who are in life-sized puppet costumes. Narrator leads role playing with the children and the dancer/puppets. Narrator introduces Act II.

(15 min break)

1:45 - 2:45pm • Act II Great Russian Nutcracker

3:00pm Departure - each child receives a donated healthy snack and guideline booklets